

MiOTA, Southwest Chapter Meeting 5/17/17 Summary

Attendance of 18 at the Rider-Sammons Residence from 6:00-7:30 pm.

The meeting started with 30 minutes of networking and dinner, then:

- 1) Dr. Ann Chapleau gave an interesting and informative talk on the gardening study at Kalamazoo Psychiatric Hospital. The goal of the study is to measure the impact of gardening on mood and well-being. This year, after ironing out some of the challenges of year one, they are excited to begin taking in more data to see the effect of participation in gardening for participants. Anyone is invited to check out the garden and other activities going on at KPH when they host SummerFest later this summer. Please contact Ann with questions or if you are interested in getting involved: ann.chapleau@wmich.edu
- 2) Visiting occupational therapist, Carolyn Sithong shared about her app to use as a standardized and functional platform for home modifications. Currently she is working with WMU, Mary Free Bed and other places gathering data. Please contact her for more information or to get involved: csithong@homeforlifedesign.com
- 3) Finally, Diane Andert shared a bit about her driver assessment program. We plan to have her speak at our next meeting, which will include a chance to check out her car full of special adaptations and technology. Her contact information is dandert@drivewellmi.com
- 4) June 20 from 11-1 is a CarFit event, to attend or volunteer, contact Deb Lindstrom - debra.lindstrom@wmich.edu
- 5) Reminder to check the MiOTA website for updated information relevant to occupational therapy in Michigan, www.miota.org. To become a member, click on the Membership tab, scroll down to the bottom of the page for a link to the membership application.

Attendees of the meeting on 5/17/17 will receive a PDU certificate by email from the MiOTA office. Please contact me if you do not receive your certificate within the next 2 weeks.

Respectfully submitted,

Christine