

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The central text is set against a white background that is partially framed by these blue shapes.

Improv Comedy: Philosophies and Teachings in Practice

NJ Phillips

Overview

- ▶ Introduce Me
- ▶ History of Improv
- ▶ Who can play?
- ▶ “Rules” of Improv
- ▶ Game Time

Hi, I'm NJ

- ▶ EMU OTS
- ▶ Graduated from the Improv Conservatory Program Second City, Chicago
- ▶ Performed improv 10+ years
- ▶ Ran a long form improv jam in Ann Arbor, MI
- ▶ EMU OT Student Orientation Improv Warm Up



Viola Spolin

- ▶ 20th Century American Theater Innovator
- ▶ Techniques to be focused in the present moment
- ▶ Jane Addams' Hull House, Chicago



Who?

- ▶ Everyone!
- ▶ Second City offers:
 - ▶ Improv for Autism
 - ▶ Improv for Anxiety
 - ▶ Humor Doesn't Retire: Improv for Seniors
 - ▶ Improv for Veterans
- ▶ Dementia
- ▶ Parkinson's
- ▶ Clinicians- You!

“Rules” of Improv

- ▶ Have fun!
- ▶ Be Safe
- ▶ Make mistakes
- ▶ Listen
- ▶ Be Present (Drop your agenda)
- ▶ Yes, And!

Time to Play!

Everyone Stand Up!

Any Questions?

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