

## Michigan Occupational Therapy Association



## IN THIS ISSUE

**The Art of Juggling...**

Happy Summer; I hope that those of you downstate are enjoying more summer weather than we have been able to get in much of Yooper country, where we have had some variable weather that lead us to fall-like weather at the end of this past week.

Despite the weather, though, summer is endless opportunities to partake in well... barbecues, soccer, baseball, beach, picnics, bike riding, hiking, camping, boating/kayaking, family reunions... the list goes on and on! However, despite this, there is still basic care and maintenance we need to provide to our loved ones, homes and let's not forget work, to keep things running smoothly.

As Occupational Therapy practitioners, we are uniquely able to give that advice. We help our clients learn how to balance, we cheer for them when they can make those steps towards self-balance, but we console them and lift them up in spirits and optimism of how we can help them to do better next time when they don't succeed. The same can be applied for ourselves as practitioners and colleagues as well.

But life is easy to come unbalanced. As we all know, there are growing demands on all of us. For some, it may be physical or mental health of a loved one or even ourselves. For

others, it may be a job which is demanding more hours than what we can give and more productivity than we can successfully pull off, leaving us exhausted and lonely for our families waiting for us at home. For some of us, it could be as simple things, like getting a basket of laundry put away or keeping our house clean. For all of us, it is different; and for all of us, what may be moving well and coordinated one moment very well could be a train run off the track the next moment. It certainly is an art to juggle our "must do's" and our "need to do's" and our "want to do's," despite our best laid plans. High priority items come up quickly and need to be addressed swiftly and accurately, often leaving other things on the back burner. This year's political climate is certainly a high priority, and even though most decisions are still being made at the federal level, which AOTA has been working hard to monitor and keep us informed on, the decisions made at that level will eventually impact us at a state level. Consequently, the stakes are high for how the profession of occupational therapy will be impacted by any changes in health care.

This year there have been a number of potential solutions for health care that have not always been good solutions for the profession of occupational therapy or our clients, such as Medicaid Block Funding, which could have a tremendous impact on

outpatient and school-based practice of occupational therapy. The Michigan Legislature has remained surprisingly more quiet than usual, but once decisions are made on the federal level, they will come to our level. The more we can influence positive change on the federal level, the more we will strengthen our platform to protect our profession and its consumers at the state level. Although there is a "lull" right now, there will be more complex bills to be read, more analysis to be made, more grassroots campaigning to be had and without a doubt, more work to be done. Health Care reform agendas are still active. In addition, there is a federal push for deregulation. It is hard to say the reaches to how far deregulation agenda's may go, but I recall all too well when our licensure and board was on the list of recommended professions to deregulate by the Office of Regulatory Reinvention (ORR) several years ago.

Juggle those things in your life that are meaningful to you. Make sure you spend some time enjoying your summer and loved ones. Because you are a member of MiOTA, we are looking out for things, waiting to alert you when the time is right so that you can juggle life a little easier. Please encourage your colleagues to remember the importance of supporting your state-level OT advocates here at MiOTA as well as your federal-

level advocates at AOTA by being a member. We are working – volunteering our time – to protect our profession for our clients and our colleagues. Your dues support our power to lobby and make connections that matter. When the time comes, we will continue to send e-blast alerts and provide you support to take the next step. Thank you for being a member; there is power in numbers.

And most important - remember..... **Every. Single. Voice. Matters.**

Thank you,

Kirsten

Kirsten Matthews, MA, OTRL,  
CLT

Leader of the Executive  
Committee  
Michigan Occupational Therapy  
Association

**Hope to see you at the Grand  
Hotel on Mackinaw Island  
October 6<sup>th</sup>-8<sup>th</sup>, 2017 as we  
celebrate the centennial of  
Occupational Therapy!**

### MiOTA Member Spotlight

Eric Checkley studied interdisciplinary health services and occupational therapy at Western Michigan University and began his career with HCR ManorCare 4 years ago. He is currently working fulltime in Sterling Heights, Michigan. Since then, Eric has assumed a position as a homecare occupational therapist and is also working for the Michigan Department of Health and Human Services completing specialized assessments for Macomb Community Mental Health. Eric is passionate about staying up-to-date with occupational therapy in the state of Michigan. Eric is the current Detroit Chapter President for the

Michigan Occupational Therapy Association. He enjoys collaborating with other professionals in the Greater Detroit Area to organize networking events for occupational therapists. Eric also loves interacting with the students that are graduating from the various occupational therapy schools in the state of Michigan. He provides guest lectures for Western Michigan University's graduate program and webinars for the newly implemented membership benefit for MIOTA. In his free time Eric enjoys staying active by playing golf and traveling with his girlfriend Jessica and puppy JaeJae. Eric is an avid sports fan; he follows the Detroit Lions, Tigers, Redwings, and Pistons as well as University of Michigan Football.



### MOTEC MEMO - Summer 2017

**By: Marta Muusz, AFWC of  
Eastern Michigan University**

and

**Sara Clark, AFWC of Western  
Michigan University**

Happy summer from MOTEC! MOTEC (The Michigan Occupational Therapy Education Consortium) hopes to see you this fall at one of our remaining **free**

Fieldwork Educator days. The fall MOTEC Fieldwork Educator dates are:

- September 15<sup>th</sup>, 2017 at Wayne State University in Detroit, MI
- November 10<sup>th</sup>, 2017 at Mott Community College in Flint, MI

This year's discussion will cover: collaborative models of supervision (supervising more than one student at a time), understanding the OT/OTA relationship, and administrative updates from AOTA and MiOTA.

You can find the registration information for the 2017 Fieldwork Educator Days on the MOTEC page of the MiOTA website:

<http://www.miota.org/motec.php>.

MOTEC will also have a fieldwork educator training session at the annual MiOTA state conference in October 2017. This session will cover the "Nuts and Bolts" of fieldwork education.

Attending one of MOTEC's free Fieldwork Educator Days in 2017, as well as our fieldwork education training session at MiOTA conference, is a wonderful way to stay up to date on all AOTA's recommendations for fieldwork education and updates on proposed changes to the Michigan OT/OTA General Rules. Below are some brief updates we thought were important to share with you.

**Change in Academic Fieldwork Coordinator (AFWC) at Baker Flint:** Julianne Creston will be transitioning to a full-time faculty role and Annette Horton will be the new full-time AFWC. Juile is a founding member of

MOTEC. Her leadership and expertise will be greatly missed! We look forward to working with Annette in her new role!

**Changes to the Jurisprudence Exam for State Licensure:** All applicants for occupational therapy licensure and re-licensure (after a lapsed license) in the state of Michigan must now pass a jurisprudence exam. Effective June 1, 2017 licensure candidates must take the jurisprudence examination through PSI Exams, an online testing center. Additional information is available on the LARA website here: [http://www.michigan.gov/documents/lara/Occupational\\_Therapy\\_517652\\_7.pdf](http://www.michigan.gov/documents/lara/Occupational_Therapy_517652_7.pdf)

### MOTEC Tip for Successful Student Supervision:

Promote self-efficacy in students as they are learning new skills.


Frequently a student's degree of self-efficacy is positively correlated to reports of positive supervision.

Open Journal of Occupational Therapy Article:

Andonian, Lynne (2017) "Occupational therapy students' self-efficacy, experience of supervision, and perception of meaningfulness of Level II fieldwork," *The Open Journal of Occupational Therapy*: Vol. 5: Iss. 2, Article 7. Available at:

<https://doi.org/10.15453/2168-6408.1220>

As always, thank you to all the Michigan fieldwork educators who play such a vital role in the clinical and professional development of our students. Your hard work, dedication, and service to the profession is much appreciated!



**Myofascial Release**

John F. Barnes, PT  
International lecturer, author,  
and authority on Myofascial Release.

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**Detroit, Michigan**  
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Not sure how you are going to get your required Human Trafficking and Pain courses for re-licensing?

We will be offering webinar based as well as live on site training beginning in September 2017.

If you want to stay in touch about future courses just like us on FB or provide us with your email and you will be notified! Also, if you want a private course just for your organization give us a call at 517-204-5884.

[scott@tttcontinuingeducation.com](mailto:scott@tttcontinuingeducation.com)

[www.therapiststrainingtherapists.com](http://www.therapiststrainingtherapists.com)



## SEEKING MIOTA PRESENTERS

Do you have in-depth knowledge in an area that you would be willing to share with other occupational therapists, occupational therapy students, or occupational therapy assistants? MiOTA is reaching out to you! As a benefit of MiOTA membership we strive to hold monthly continuing education events. This is typically done through an online platform. We are looking for presenters for the remainder of 2017 and 2018.

Please contact MiOTA's continuing education coordinator, Tera Richards, at [tera.a.richards@gmail.com](mailto:tera.a.richards@gmail.com) for more details or to convey your interest in presenting.

### MiOTA Membership Update

From the Membership Director—thank you to the committee that puts such great effort into recruitment, retention and reactivation of members! Sonny Grendel, Christine Sperry, Tera Richards, Eric Checkley and Chet LaFave!

Our membership numbers as of 8/2/17 –

Only 10% of the licensed practitioners in the state of Michigan are members of our association. As a member please consider yourself part of the membership committee ad hoc! We need each member to help up grow informed, educated members who are compliant with revised general rules for practice and relicensure.

	Paid thru 1/5/2017	Paid thru 1/24/17	Paid thru 3/1/17	Paid thru 4.20.17	Paid thru 5.17.17	Paid thru 8.2.17
Associate	0	1	1	2	2	2
Honorary	9	9	9	9	9	9
OT	328	331	319	302	280	296
OTA	33	35	36	37	37	35
Retired	10	10	10	8	6	8
Student	224	233	241	249	243	244
<b>TOTAL</b>	<b>604</b>	<b>619</b>	<b>616</b>	<b>607</b>	<b>577</b>	<b>594</b>

We are monthly “spotlighting” a member! We need you to nominate yourself or a peer to be “spotlighted”! Simply that means that you would articulate via a quick paragraph – why you are a MIOTA member and a snapshot of you that we can post on our website and social media! Email – Cathleen Johnson, Membership Director @ [cajohnson@hcr-manorcare.com](mailto:cajohnson@hcr-manorcare.com)

Networking events—because of your membership you are invited to participate in networking events, chapter meetings and other occasions.

This month we have a fantastic event at Heartland of Sterling Heights on August 24<sup>th</sup> in the evening – appetizers, networking and a “required” professional development topic on Human Trafficking. Representatives from MiOTA, MPTA and MSHA will be present.

Students represent a significant portion of our overall % of membership! Encourage students to maintain membership and be lifelong association members.

- Fieldwork supervisors – LEAD by example
- Fieldwork supervisors – a great graduation “present” is a student membership
- Educators invite the MiOTA membership committee members to be part of classroom or student events (SOTA) to talk about the benefit of being a lifelong member!

Continuing Education Updates – as a part of your membership benefit you receive the opportunity to experience monthly educational events that can be counted toward NBCOT renewal and state licensure required contact hours.

1. August – Documentation to Improve Equipment Funding –August 23<sup>rd</sup> 6:30 p.m. to 7:30 p.m. – Kara Messelink
2. September – Open
3. October – Open
4. November – Open
5. December – Jennifer Sommers and Clark Goodrich – Disability Rights Movement @ Role of OT date TBD

If you are interested in being a speaker please contact [tera.a.richards@gmail.com](mailto:tera.a.richards@gmail.com)

Stop by the MiOTA membership booth @ conference—

Many fun things and prizes....

- Learn how easy it is to become a webinar/conference call monthly speaker
- Stop by our photo booth and promote OT and MiOTA membership by immediately posting fun pictures on social media
- Tell us why you are a MiOTA member – drawings will be held at the annual meeting for reduced membership fees for the first three names picked!
- Be recognized for your years of membership – special recognition as you sign into conference
- Students pledge to become lifelong members of your association – be recognized by a special sticker at our booth

Special note to MOTEC – Invite a member of the membership committee to be part of your classroom experience...we can talk about the general rules, supervisory expectations, continuing education requirements etc.... contact Sonny Grendel ([sonnykay12@gmail.com](mailto:sonnykay12@gmail.com)) for our committee to coordinate time in your classroom content.

**July Finance Report** by Cindy Klinger, COTAL, MIOTA Financial Director  
(As of 7/31/2017)

**Income: Budget \$81,501.00**  
**(Actual) \$23,123.24**  
**Expenses: Budget \$78,725.00**  
**(Actual) \$21,221.86**

**Net Income:\$1901.38**  
MiOTA Checking – \$7,112.48  
MiOTA Savings - \$2,506.45  
MiOTA Scholarship CD – \$23, 554.12



Highlights for  
MiOTA Annual Conference  
October 7 – 8, 2017  
Grand Hotel on Mackinaw Island



Key Note Speaker  
Maureen Beeler-Bogard, RN, BBA and Alex Beeler



1. Register for conference at [www.mi-ota.com](http://www.mi-ota.com)  
Earn PDU: Saturday = 7.75 and Sunday = 5.5  
35 different sessions and 21 posters to choose from  
Registration includes lunch and welcome reception/karaoke event/100 year celebration  
Registration ends October 1, 2017
2. Obtain hotel registration form from the MiOTA website for discounted rate and submit completed form to hotel  
Registration at hotel includes breakfast and dinner  
Discounted rate ends September 6, 2017
3. Discounted ferry ride to island can be obtained from Shepler's Ferry  
You may purchase tickets on-line in advance or you may purchase at window  
Visit [www.sheplersferry.com](http://www.sheplersferry.com) for schedule and reservations
4. Carriage ride to and from hotel is \$5 per person per ride or you may walk the one mile  
No advanced reservation needed

## 2017 Candidate Biographies

### **Keelia Parise – Candidate for Communications Director**

#### **Bio:**

I will be graduating from GVSU's Master's of Occupational Science and Therapy Program in August. Prior to attending GVSU, I was a recreational therapist working in assisted living; the desire to better understand and serve my residents was largely what motivated me to return to school to pursue a career in OT. In my undergrad studies at CMU, I minored in leadership studies; the importance of participation in professional organizations was deeply engrained in me there, and I would love to start by serving MiOTA as Communications Director as I begin my career as an OT.

#### **Previous experience that supports position you are running for:**

I have served as a Student Ambassador for the MiOTA Fall Conference in 2016, and attended the AOTA Assembly of Student Delegates as a representative for GVSU in Winter of 2016. I also served on the professional development committee for GVSU's Student Occupational Therapy Association, collaborating with committee members, and members of the community to provide professional development opportunities to our general membership. Finally, I have previous experience communicating on behalf of MiOTA assisting with developing informational materials for MiOTA's Lansing Lobby Day, and assisting with marketing efforts for the 2016 Fall Conference.

#### **Committees you have served on in MiOTA or AOTA:**

2016 AOTA Assembly of Student Delegates Representative; 2016 MiOTA Student Ambassador; 2016 Lansing Lobby Day Ad Hoc Committee member, 2016 MiOTA Marketing Committee member.

#### **Platform on which you are running:**

I wish to promote communication, connection, and engagement for all members of MiOTA. I hope to maximize the value of membership, communicating information to inform and improve practice throughout the state, to advocate for the profession in all spheres, and provide information to empower OTs statewide to do so as well.

### **Cindy Klinger – Candidate for Finance Director**

**Bio:** Post retiring from a banking career of 29 years Cindy selected a career as a Certified Occupational Therapy Assistant graduating from Baker College, Muskegon. She loves the challenge of working in skilled nursing facilities throughout Michigan and has worked as PRN and full time for multiple companies including, Pro Step, Mary Free Bed, HCR Manor Care, Functional Pathways and Concept Rehab. She has been a member of MIOTA since 2010, prior to graduating from the OTA program and involved in MIOTA conference planning, advocacy and is the current Financial Director of MIOTA.

#### **Experience:**

29 years working in banking

1 1/2 years as MIOTA Finance Director

#### **Committees you have served on in MiOTA or AOTA:**

MIOTA Conference planning committee.

MIOTA Advocacy committee

## Michigan Occupational Therapy Association - 2017 Election Ballot

**\*\*\* RETURN BY FRIDAY, SEPTEMBER 8<sup>th</sup>, 2017\*\*\***

**\*\*Your name and voting choices will be kept confidential within the MiOTA Business office, but you must be a current member to participate in voting; we ask your name OR membership number to verify current membership\*\***

Name &/OR MiOTA Membership Number: \_\_\_\_\_

**Please vote for ONE choice for each category:**

1. **Finance Director** – Responsible for managing the fiscal affairs of the Corporation (MiOTA) so that the financial resources are available to allow the Corporation to achieve its goals. Position is a Voice Only (non-voting) member of the Association Assembly, but has a vote on the Executive Committee.

\_\_\_\_ Cindy Klinger (Current Finance Director)

\_\_\_\_ Write In: \_\_\_\_\_

2. **Communications Directors** – Responsible for appointing, with the approval of the Executive Committee, the Coordinators of Newsletter, Website and Networking and overseeing their positions.

\_\_\_\_ Keelia Parise

\_\_\_\_ Write In: \_\_\_\_\_

\*\*\*\*\*

**\*\*BALLOTS MUST BE RETURNED TO THE MIOTA OFFICE VIA MAIL (Postmarked by) OR FAXED BY September 8<sup>th</sup>, 2017\*\***

### RETURN TO:

Michigan Occupational Therapy Association \*\* 124 W. Allegan, Ste. 1900\*\* Lansing, MI \*\*Fax: 517.484.4442

**QUESTIONS? NEED HELP? Email MiOTA office: [hmauk@mhsa.com](mailto:hmauk@mhsa.com) Phone: 517.267.3918**



## MiOTA Awards & Special Recognitions

Below is a brief description of awards individuals can be nominated for.

### Certificate of Appreciation

- To express the appreciation of MiOTA to members and non-members for extraordinary contributions to the advancement of OT.

### Departmental Membership Award

To actively support MiOTA participation by recognizing occupational therapy departments in which 80% or more of the staff are members of MiOTA

### Distinguished Service Awards

- To honor members of MiOTA for extraordinary service to MiOTA. Nominees have made continuing and outstanding contributions to the development, growth and process of MiOTA.

### Master Clinician Award

- To recognize members of MiOTA, who with their knowledge and expertise, have made a significant contribution to occupational therapy through a combination of some of the following: supervision of students and staff; articles and presentations; workshops; mentoring; education; therapeutic work with clients and families. This therapist stands head and shoulders above the crowd: a model for fellow therapists.

### OT Award of Excellence & OTA Award of Excellence

- To honor members of MiOTA who have made an outstanding global contribution to the profession.

### OT Honorary Member Award

- To recognize MiOTA members who have, or are, retiring, and who have performed distinguished service in the field of occupational therapy. Honorary members receive a free, life membership in MiOTA.

### Fellow of the Michigan Occupational Therapy Association

- To recognize members of MiOTA who, with their knowledge and expertise, during their career have made a significant contribution to the continuing education and professional development of members.
- Will be allowed to use credentials - FMiOTA

## Award Nomination Form

Name of Nominator:

Date:

Street Address:

City:

State:

Zip:

E-mail Address:

Phone (C):

(H):

Part A: Use this portion for all the awards except Departmental Membership:

Name of award:

Name of Nominee:

Street Address:

City:

State:

Zip:

E-mail Address:

**Directions:** return this form along with a narrative of at least 50 words specific to the award purpose and criteria, (listed above). Also include a curriculum vitae or resume of the nominated individual by **September 8, 2017**. Please make sure information is accurate as this facilitates the determination of awards by the Awards Committee via specific information and examples of qualification for the award.